



Ukrainian Medical Association of North America
XLIV Scientific Conference and XXXVII Assembly of Delegates

Rehabilitation and Reintegration

Helping Ukrainians Help Themselves

June 14-18, 2017

Key Bridge Marriott Hotel, Arlington, VA

Conference Description

UMANA's XLIV Scientific Conference is dedicated to advancing the practice of rehabilitation medicine in Ukraine. This is especially urgent due to the ever-growing number of military and civilian casualties of the Donbas war. The need is great not only to rehabilitate the injured, both mentally and physically, but to reintegrate them back into productive society. **Up to 25 Category II credits available to participants.**

Tentative Program

Wednesday, June 14

Welcome reception 6:00 PM

Thursday, June 15

Breakfast 9:00 AM

Opening sessions 10:30 AM

Evening Reception at Embassy of
Ukraine for registrants only

Friday, June 16

Breakfast 8:30 AM

Seminars & Lunch 9:00 AM-5:00 PM

Member Reunion Dinner 7:00 PM

Saturday, June 17

Breakfast 8:30 AM

Seminars 9:00 AM-2:00 PM

Assembly of Delegates to follow.

Tour of Ukrainian DC sites

UMANA Keynote Dinner 7:00 PM

Guest speaker: Dr. Ulana Suprun, Acting Minister of Health, Ukraine

Public invited for dinner

Register on-line or call (773) 278-6262

NO TICKETS AT THE DOOR.

Registration

For more information, go online at: www.umana.org. Go to "Events" tab for Program Brochure and online registration. Go to "Hotel Registration" for online reservation. Or, call for phone reservation: Key Bridge Marriott Hotel 1-800-676-2959. Preferred Room Rate: \$189/night. Rate available until May 12, 2017. Use group name "UMANA Scientific Convention".

See back page for list of faculty and topics



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UMANA CHAPTER NEWS

Illinois Branch

The UMANA Illinois Branch held its first meeting of the new year on Friday, March 10, 2017, at Tryzub Ukrainian Kitchen in Chicago's Ukrainian Village. This striking ethnic eatery is a labor of love, a culinary creation by none other than UMANA Illinois President **Myron Lewyckyj, MD**.

Dr. Rostyslav Petruniak, a Ukrainian OB/GYN physician and surgeon spent a recent tour of duty in the Donbas area of conflict. He presented photographs depicting scenes from his experiences, describing an interesting perspective as a soldier and physician on the Eastern Front. The presentation and slides were informative and compelling, stimulating lively discussion after a delicious meal.

On March 27, 2017, UMANA Illinois member **Solomiya Grushchak**, a second-year medical student, organized six of her fellow



Dr. Petruniak reliving his experience as a soldier on Ukraine's Eastern Front



UMANA News

The Newsletter of the Ukrainian Medical Association of North America is published quarterly by UMANA with the objective to promote good fellowship and to uphold and enhance the best interests of UMANA. The newsletter serves as an impartial forum for information for its members. UMANA cannot guarantee the accuracy of all information contained herein. Some information has been obtained from third party published and oral sources and may not have been independently verified. The treatment of articles, views, and opinions expressed in UMANA News is not necessarily endorsed by UMANA.

Distributed to members and friends of UMANA

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The Ukrainian Medical Association of North America



medical students rotating through Loyola Medical School's dermatology program to speak to students at St. Nicholas Cathedral School in Chicago. The approaching summer season prompted a need to review skin cancer awareness and prevention. The "SunSmart Kids" initiative is sponsored by the Women's Dermatologic Society and Loyola Dermatology Department, for grades 1-8. They have been at several other Chicago schools discussing the topic of skin cancer. Solomiya's group of volunteers interested in Dermatology spoke to the children about skin cancer, how it presents, and how to prevent it. At the end of the visit, each student received a goody bag of UV bracelets, crossword puzzles, and sunscreen. The team will be returning May 12th to talk on acne and hygiene for students in grades 5-8.



Dermatology Students led by Solomiya Grushchak (first from left) at St. Nicholas School



President's Message

Preparation for our June 14-18 Scientific Conference on "Rehabilitation and Reintegration" in Washington, DC is nearly complete. Thank you to **Drs. Andriy Ripeckyj, George Hrycelak and Marika Hrycelak** for organizing this multidisciplinary, international meeting. The information presented on Ukraine's current state of affairs will no doubt broaden our knowledge of the hardships of post-traumatic recuperation, while comparing and contrasting rehabilitation programs available both here and in Ukraine. Thanks to the tireless work of **Dr. Roxolana Horbowyj and Dr. Andrew Dzul**, the summaries of the conference rehabilitation lectures will be available for reference in our next issue of *JUMANA*.

I would like to personally thank the Executive Committee and UMANA members for their support and contributions during my two years as President. It was a truly fascinating, busy, and active tenure. Traveling to Lviv to meet with members of UCU, the administrators of several rehabilitation facilities, members of the Lvivske Likarske Tovarysvo, and professors at the Danylo Halytsky Lviv National Medical University in 2016 was an enlightening and moving experience. My visit to Kyiv in February of 2017 to meet with members of USAID, Caritas-Ukraine, Eleos-Ukraine, and the acting Health Minister of Ukraine, Dr. Ulana Suprun, was productive and widened a channel of communication between our efforts in the diaspora with the delivery of health services and education to Ukraine.

It is of utmost importance to continue to recruit and engage young physicians and other healthcare providers in our efforts to help Ukraine and our local communities. Furthermore, with the work of Dr. Marta Boyko, who is currently in Ukraine as a Fulbright Scholar, we can facilitate the organization of exchange programs with Ukrainian medical universities. I am inspired by the efforts of **Dr. Luke Tomycz** and his wife Mariya Soroka in organizing a training program for Neurosurgery in Kyiv with the assistance of RAZOM. We need to harness this type of enthusiasm from our young physicians, medical students, dentists, physical therapists, psychologists, social workers, and other healthcare providers toward making UMANA a more vibrant, influential, and productive organization. Building a network of Ukrainian physicians throughout the U.S. and Canada to help our students obtain healthcare positions in our institutions can be beneficial in achieving this type of goal. For example, numerous foreign medical students have brought to my attention that assisting prospective Ukrainian physicians/students with the application process for a J1 visa would be tremendously appreciated. The experience and knowledge obtained by these foreign trainees in our facilities can be brought back to benefit numerous Ukrainian clinics, medical Schools, and hospitals.

Our decision to rejoin UCCA buttresses our goal of becoming a more persuasive and influential organization. We are making contributions in Ukraine by backing Dr. Suprun's programs and lobbying our government to support her efforts to reform health care. Healthcare reform in both Ukraine and the U.S. appears to be a critical topic. During our approaching Scientific Conference, we are honored that Dr. Suprun will be in attendance to discuss her initiatives and accomplishments as Health Minister and founder of Patriot Defense.

Also, the Ukrainian American Business and Professional Association invited UMANA to attend or co-sponsor some of its activities. This group would like to help healthcare professionals "grow their practice, prosper, and eventually influence local communities in a positive way." Members can contact them via their website (www.uabpa.org). We intend to explore this potential relationship, particularly for our young entrepreneurs.

It has been an exciting and gratifying two years. My tenure as President has opened my eyes to the many needs of our community and Ukraine. My goal was to make UMANA more influential and visible within the U.S. and Ukraine. I hope I was able to accomplish that objective. Our recent activity will hopefully motivate younger healthcare providers to join UMANA and become more active participants. Thank you for a productive, memorable, and educational term. Wishing the incoming Executive Committee equal or even greater success.

Sincerely,
Borys Buniak, MD, FACP

UMANA MEMBER NEWS



Natalia BILCHUK, MS2 (Ohio Branch) is finishing her term as President of the Medical Student Council at the University of Louisville School of Medicine.

doctor's fair reimbursement.



Daniel KUNCIO, DDS (NY Metro Branch) has been appointed clinical attending/assistant professor of orthodontics at the Bronx Lebanon /Carl Icahn School of Medicine at Mount Sinai Hospital in New York.



Lilia STEFANIWSKY, MD, MBA (Florida Branch) graduated from the University of South Florida Morsani College of Medicine and Muma College of Business concurrently. She is completing her internal medicine residency and plans to pursue gastroenterology.



Marko GUDZIAK, MD (Michigan Branch) sits on the executive committee of his 55-member urology group and is chief of urology at St. Joseph Mercy Oakland Hospitals. He is president of Oakland Physician Network Services, an over 450-doctor Physician Organization (PO) fighting for

Let us know what you're up to!



Lyda TYMIAK LINDELL, MD (Florida Branch) is doing a fellowship in functional medicine at the University of South Florida Medical School and the Academy of Anti-Aging Medicine.

Scientific Conference and Assembly of Delegates

Faculty and Topics

From Ukraine

Ulana Suprun MD

Acting Minister of Health of Ukraine, Kyiv
Keynote Speaker at Saturday night dinner.

Serhiy Bogdanov MD

Director of Psychological Rehabilitation Centers, Kyiv-Mohyla Academy, Kyiv

Viktoria Gorbunova MA

**Клінічна психологія в Україні:
від освіти до практики**

Director Educational Projects, Mental Health Institute of The Ukrainian Catholic University, Lviv

Vitaly Klymchuk PhD

Інститут психічного здоров'я УКУ:

локальні дії для глобального впливу

Director and Professor Department of Psychology, The Ukrainian Catholic University Lviv

Orest Suvalo MD

Охорона психічного здоров'я в Україні.

Нові виклики та старі проблеми

Lviv Regional Psychiatric Hospital

Vadim Sviridenko

Special Advisor to the President of Ukraine
Petro Poroshenko, Kyiv, Ukraine

From North America

Martha J. Bojko, PhD

Assessing Traumatic Stress and Biopsychosocial Approaches to Treatment and Care in Ukraine: Challenges and Opportunities for Risk Reduction, Rehabilitation and Recovery

Yale University School of Medicine,
U.S. Fulbright Scholar in Ukraine

Oksana Buniak, PT, DPT, LSVT

Assisting a Change in the Regulation of PT Practice in Ukraine

Regional Director, Fox Rehabilitation,
Brooklyn

Major (Ret.) Stuart Campbell, MPT

EACE Global Health Engagement

Fort Sam Houston, San Antonio

Roman Hayda, MD

**The Complex Extremity War Injury:
Lessons Shared from Care of U.S.**

Combatants

Associate Professor, Orthopedic Trauma,
Brown Alpert Medical School, Providence

Daniel Hryhorczuk, MD, MPH

**Health, Work, and Environment in
Conflict Zones**

Emeritus Professor, University of Illinois,
Chicago

Director, Environmental Global Health

George Jaskiw, MD

**PTSD – From Neurobiology to
Rehabilitation**

Professor, Psychiatry,
Case Western Reserve University, Cleveland

Vassyl Lonchyna, MD

**Rehabilitation Medicine in Ukraine: The
Ripple Effect**

Assistant Professor, Surgery, University of
Chicago

U.S. Fulbright Scholar in Ukraine

Seth Messinger, PhD

**The Afterlife of Rehabilitative Care on
Social Reintegration and Life in the
Community**

Director, Center of Rehabilitation Sciences
Research,
Uniformed Services University of Health
Sciences, Bethesda

Colonel (Ret.) Paul Pasquina, MD

Rehabilitation of the Blast Injured Patient

Chair, Department of Physical Medicine and
Rehabilitation,

F. Edward Hebert School of Medicine,
Uniformed Services University of Health
Sciences, Bethesda

Chrystyna Rakoczy, OD

**Bringing Traumatic Brain Injury and
Vision into Focus**

Staff Optometrist, Dept. of Ophthalmology,
James A. Haley VA Hospital and Polytrauma
Rehabilitation Center, Tampa

Namrita Singh, PhD

**Global Mental Health Approaches to
Promoting Community Recovery and
Reintegration after Conflict: a
Randomized Control Trial of a
Psychotherapy Intervention in Ukraine**

Faculty Research Scientist,
Johns Hopkins Bloomberg School of Public
Health, Baltimore

Luke Tomycz, MD

**Neurosurgery Training in Ukraine:
Exploring New Paradigms**

Pediatric Neurosurgery,
Dell Childrens Hospital, Austin

UUARC Representative

**Projects Supporting Health Care in
Ukraine**

Philadelphia

Steven Yevich, MD

**Tubes, Drains, Lines and Injections:
Practical IR Solutions to Address Sequela
of Traumatic Injuries**

Assistant Professor, Interventional
Radiology,
University of Texas, MD Anderson Center,
Houston

Natalie Zaraska, BSc (OT), MSc (Rehab)

**Bringing Occupational Therapy to
Ukraine**

Zaraska Rehab Associates, Toronto

