

UMANA Holds Biennial Convention in Park City, Utah



Photo by Maria Hrycelak

UMANA Members gather for a group photo at the biennial convention.

The Ukrainian Medical Association of North America (UMANA) held its 45th Scientific Conference and 38th Assembly of

Delegates June 19-23, 2019, in Park City, UT. Sixty-five attendees, representing 9 Chapters of UMANA, gathered to hear presentations on “Current Concepts in Emergent Care –

Emergent Threats to Medicine” and conduct the association’s corporate biennial business meeting. The Scientific Conference was

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Photo by Maria Hrycelak

Keynote speaker Ihor Sawczuk, MD

Meet our New Executive Secretary

We welcome Nadia “Dinia” Zajac to the position of Executive Secretary of UMANA. Nadia is experienced in working with Ukrainian-American enterprises, having served as administrator, assistant editor, researcher, author, and archivist of the Encyclopedia of Ukrainian Diaspora for 22 years. She is an active member of Plast and served on a host of social committees thanks to her bilingual skills in translation and transcribing. Fun fact: Nadia graduated with a degree in Music Education from Northern Illinois University in 1993. She will be the point of contact in all of your correspondence, mailings, phone calls, and emails.



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jointly sponsored with Trinitas Regional Medical Center of Elizabeth, NJ and made available up to 10 hours of continuing medical education (CME) credits to the participants.

The conference commenced Wednesday at the Park City Marriott Hotel with a welcoming reception for arriving members and guests.

Scientific sessions took place Thursday and Friday mornings under the direction of UMANA Conference Coordinator **Dr. Peter Lenchur**. Speakers included: **Dr. Ariadne Bach** "Emergent Radiological Findings in the Oncological Patient", **Dr. Celia (Symchak) Hildebrand** "Use of Auricular Acupuncture for Trauma and Disaster Relief – Experience of Teaching in Ukraine", **Dr. Roxolana Horbowyj** conducted the "Stop the Bleed" course, Dr. Peter Lenchur "Emerging Cardiac



Photo by Maria Hrycelak

New York Metro Branch gathering



UMANA News

The Newsletter of the Ukrainian Medical Association of North America is published quarterly by UMANA with the objective to promote good fellowship and to uphold and enhance the best interests of UMANA. The newsletter serves as an impartial forum for information for its members. UMANA cannot guarantee the accuracy of all information contained herein. Some information has been obtained from third party published and oral sources and may not have been independently verified. The treatment of articles, views, and opinions expressed in UMANA News is not necessarily endorsed by UMANA.

Distributed to members and friends of UMANA

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The Ukrainian Medical Association of North America



Photo by Maria Hrycelak

(From L) New members Donald Schomer, MD, Oksana Hawk-Meyers, LP, and Natalia Balytsky, MD, received certificates from outgoing President Andrew Ripecky, MD

Treatments and Anti-Coagulants", **Dr. Andrew Liteplo** "Point-of-care Ultrasound: Everyone's Using It, Why Aren't You?", **Dr. Marta Lopatynsky** "Revolutions and Evolutions in Ophthalmology", **Dr. Roman Kozickyj** "Palliative Care", **Dr. Igor Prus** "Emergencies in Sports Medicine", **Dr. Leo Wolansky** "Imaging of Head Trauma", and **Dr. Steven Yevich** "Immunotherapy – A Paradigm Shift in Cancer Care?"

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OBITUARIES



BARANETSKY DDS, Alexandra, age 65, *Columbia University New York, NY, 1979*, member UMANA NYMetro Branch, died May 16, 2019.



President's Message

This is my first message as President of UMANA, and I am pleased and excited to share with you that our XLV Scientific Conference was such a success. Many of you were there to attend the Scientific sessions and reconnect with old friends and make new ones. The beautiful scenery of the mountain resort of Park City, UT only added to the enjoyment of our gathering.

Scientific Sessions were held the first two days and were very well attended. Lectures included various emerging concepts in different medical specialties. They literally covered topics from A (anticoagulants use) to Z (Zoster eye infections). I am very proud that our medical association has superior expert physicians, scientists, and clinicians from the top institutions in the country, such as Memorial Sloan Kettering Medical Center, MD Anderson Cancer Center, University of Connecticut, Hackensack University Medical Center, Massachusetts General Hospital, and others. These speakers contributed their precious time to present world class lectures and share their expertise.

We are very proud that this time we were able to obtain up to 10 hours AMA Category 1 CME Credits through the joint providership of Trinitas Regional Medical Center and UMANA.

The third day of our conference was dedicated to the XXXVIII Assembly of Delegates, which, according to our Bylaws, is the "highest governing body of Association." Thanks to all delegates for your active participation and for presenting your ideas about our organization's future as well as various suggested activities to grow our membership and improve our organization. After accepting reports of various officers and branch presidents, the Assembly of Delegates elected a new Board of Directors. Congratulations to all and good luck in the next two years!

The culmination of the conference came with the awards banquet. With great interest, everyone listened to the keynote speaker, well renowned physician and educator Assistant Dean of Clinical Integration Hackensack Meridian Health Dr. Ihor Sawczuk, who presented a very "hot" lecture "Physician Burnout".

A Commemorative plaque was presented to Dr. Andriy Ripecky for serving a two-year term as President, and longtime Executive Director of UMANA Dr. George Hrycelak was awarded Honorary Membership status for his service. Thank you both for your steadfast dedication to our organization and your many accomplishments!

Finally, it is my hope that our successful meeting will further energize all of us for the good of our organization.

Warm regards,
Petro Lenchur, MD

UMANA MEMBER NEWS



P e t e r KOTSOPEY, DDS (NY Metro Branch) graduated from Rutgers School of Dental Medicine in 2018. He has joined his father, Omelan, in

practice of dentistry in Trenton, NJ.

She completed her degree as Functional Medicine Doctor and is in private practice in Lakewood, OH. She will start an acupuncture program in Fall 2019.



Myron B. STACHNIW, MD (Illinois Branch), after 41 years of dedicated practice of orthopedic surgery in the same office in Galesburg, IL, is now enjoying a

well-deserved retirement.



M a y a STAWNYCHY, MD (NY Metro Branch) completed her MD degree at Rutgers University in NJ and is starting residency in Emergency Medicine at the

University of California, San Diego this Summer.



V i k t o r i a KRISLATY, DC (Ohio Branch) graduated from Life University in Marietta, GA Doctor of Chiropractic program in 2018.



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Friday evening conference participants gathered for a group reunion buffet, during which new members attending the meeting publically received new member certificates. The evening concluded with a sing-a-long led by **Drs. Ronald Liteplo and Askold Mosijczuk**, with Dr. Leo Wolansky's guitar supplying the musical accompaniment.

The biennial corporate business meeting took place Saturday morning with reports from UMANA officers and committees. Of particular note was the induction into the association of over 50 new members in the last 24 months. These young inductees add vigor and vitality, lending credibility to the long-term growth and relevance of UMANA.

The following individuals were elected to the 2019-2021 terms of office:

President:	Peter Lenchur, MD (NY Metro)
President Elect:	Leo Wolansky, MD (New England)
Vice President:	Marta Lopatynsky MD (NYMetro)
Secretary	Lida Wozny, RPh (Illinois)
Treasurer	Roman Kozyckyj, MD (Illinois)

Saturday evening concluded the conference with a keynote address on "Physician Burnout" by **Dr. Ihor Sawczuk**, Northern Regional President of Hackensack University Medical Center in Hackensack, NJ. The traditional "roast" feted the out-going president **Dr. Andrew Ripecky** and welcomed the new president, Dr. Peter Lenchur. The new president reviewed the history of UMANA and presented his vision of the future of the organization. Dr. Ripecky received an award for services rendered to the association. **Dr. George Hrycelak**, long-time member, past president, and executive director for the last 18 years, was named the 16th Honorary Member of UMANA.

The confreres chatted late into the evening prior to departure the next day, reviewing the events of the weekend. They renewed old friendships, made new ones, and began tentative plans to meet in 2 years. For further information, visit UMANA's website, www.umana.org, or call (773) 278-6262.



Photo by Maria Hrycelak
(From L) New Board members President Peter Lenchur, MD, President-Elect Leo Wolansky, MD, Vice president Marta Lopatynsky, MD, Treasurer Roman Kozyckyj, MD (not pictured Secretary Lydia Wozny, RPh)



Photo by Maria Hrycelak
UMANA enjoys an excursion in the mountains.



Confreres attending the UMANA Scientific Conference
Photo by Maria Hrycelak