# **UMANA** News



Established 1950

The Newsletter of the Ukrainian Medical Association of North America

Vol. 25, No. 1 Winter 2019 

# Emergent Medical Threats to be Addressed at Conference

As Bob Dylan so aptly put it, "The times, they are a-changin'." The profession of medicine is no more immune to the changing times than the culture and society we inhabit. Science, technology, ethics, business, religion – none are remotely similar to what we remember in our

formative years.

And so it is in our field. The developed world, in general, is a healthier place. But old diseases are making a comeback, new diseases are emerging, bacterial resistance is evolving, and viruses are a-brewing. The practice of medicine is encountering impact from the corporate as well as bureaucratic aspect, leading physicians to

aspect, leading physicians to experience increasing stress, and in some cases, burnout.

UMANA continues to fulfill its educational mission by presenting the **45**<sup>th</sup> **Scientific Convention** this year, June 19-23, 2019, in conjunction with the Trinitas Regional Medical Center of New Jersey. Under the capable leadership of conference coordinator **Peter Lenchur**, **MD**, and long-time scientific course director **Liza Pilch**, **MD**, UMANA

has assembled a stellar faculty of experts to cover the topic of "Current Concepts in Emergent Treatment and Emerging Threats to Medicine". The goal is to cover some of the more unique and nascent aspects of new treatments available in the medical armamentarium, as well as examine

possible threats these changes pose to the art of medicine.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Trinitas Regional Medical Center of Elizabeth, NJ and the Ukrainian Medical Association

of North America. Trinitas is accredited by the ACCME to provide continuing medical education for physicians.

Trinitas RMC designates this live activity for a maximum of 10 AMA PRA Category 1 Credit(s)<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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Ukrainian Medical Association of North America Trinitas Regional Medical Center present

#### "EMERGENCY"

Current Concepts in Emergent Treatment & Emerging Threats to Medicine June 19-23, 2019



Park City Marriott 1895 Sidewinder Drive Park City, Utah



h, MD, UMANA

Faculty and Program

#### Luba Andrus, RPh, MJ

Founder and Principal of StellarMed Group, LLC Medical Marijuana

#### Roxolana Horbowyj, MS, MD, FACS

Assistant Professor of Surgery, Uniformed Services University of Health Sciences, Department of Surgery Bethesda. MD

"Stop the Bleed" Training

#### Peter Lenchur, MD, PhD, FACC, FSCAI, FASNC

Medical Director of Barnabas Imaging Center Livingston, NJ

Emerging Cardiac Treatments and Anti-Coagulants

#### Andrew Liteplo, MD

Chief, Division of Emergency Ultrasound Massachusetts General Hospital, Department of Emergency Medicine Boston, MA

Ultrasound in Emergency Medicine

#### Marta Lopatynsky, MD

Attending Physician, Morristown Memorial Hospital Morristown, NJ

Evolution and Revolutions in Ophthalmology

#### Jerome Maryniuk, MD

Inpatient Palliative Care Physician, Community Memorial Hospital of San Buenaventura Ventura, California

Palliative Care

#### Liza Pilch, MD, MBA, FACEP, FAAEM

Assistant Professor Rosalind Franklin/Chicago Medical School Chicago, IL

Potent Powders

#### Steven Yevich, MD, MPH

Assistant Professor, Department of Interventional Radiology, Division of Diagnostic Imaging University of Texas MD Anderson Cancer Center Houston, TX

Immunotherapy - A paradigm shift in cancer care?

#### Ihor Sawczuk, MD

Professor of Urology Seton Hall Hackensack Meridian SOM, Assistant Dean, Clinical Integration

Hackensack, NJ

Keynote Presentation: Physician Burnout

## **UMANA CHAPTER NEWS**

#### Illinois Branch

The branch held its annual traditional Yalynka January 13, 2019, in the conference hall of Selfreliance Ukrainian American Federal Credit Union in Chicago's Ukrainian Village. A large turnout of members with their families enjoyed a delicious luncheon catered by local Ukrainian *konditorei* Shokolad. The group was regaled with kolyady by students of St. Nicholas Cathedral school.

Outgoing president **Myron Lewyckyj, MD** conducted proceedings of the biennial election of new officers for the term 2019-



Illinois Branch Members enjoy the annual Yalynka.



#### **UMANA** News

The Newsletter of the Ukrainian Medical Association of North America is published quarterly by UMANA with the objective to promote good fellowship and to uphold and enhance the best interests of UMANA. The newsletter serves as an impartial forum for information for its members. UMANA cannot guarantee the accuracy of all information contained herein. Some information has been obtained from third party published and oral sources and may not have been independently verified. The treatment of articles, views, and opinions expressed in UMANA *News* is not necessarily endorsed by UMANA.

Distributed to members and friends of UMANA

UMANA News Editor: Andrew Iwach, MD; San Francisco, CA Contributing Editor: George Hrycelak, MD; Elmwood Park, IL Copy Editing and Layout: Margaret Perrone, RN PHN; Benicia, CA

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UMANA News

2247 West Chicago Avenue Chicago, IL 60622-4828 Fax: (888)558-6262 Email: umana@umana.org

The Ukrainian Medical Association of North America



2021. Elected were President **Igor Prus**, **MD**, Vice President **Olena Gordon**, **MD** and Secretary/Treasurer **Olga Maihutiak**, **MS4**.



New Illinois Branch officers (from left) Olga Maihutiak, MS4, secretary/treasurer, Igor Prus, MD, president, and Olena Gordon, MD, vice president

Several members received Hramoty of appreciation for their generous support of the Volunteer Hundred staff of Kyiv's Central Military Hospital. These included **Dr. Roman Daczkewycz** and Jan Daczkewycz, **Dr. Eugene Kovalsky** and Maria Kovalsky, **Dr. Andrew Lewycky** and Daria Lewycky, **Drs. Alex and Maria Sosenko**, and **Drs. George and Patricia Wyhinny**. These funds provide vital support for the care of wounded soldiers and their families. Unfortunately, the need for this support has not ended, so please continue to send tax-deductible contributions, written to the United Ukrainian American Relief Committee (UUARC) and mail to: Andrew Ripecky, 6230 N. Mandell Ave., Chicago, IL, 60646.

#### Michigan Branch

UMANA's Michigan Chapter held its yearly Christmas Party on December 29th at the Ukrainian Cultural Center in Warren. Thirty guests attended and considered the event a great success. The event was organized by our secretary, **Dr. Marichka Baltarowich. Dr. Zenon Kossak**, chapter president, greeted the members, thanked them for coming, and thanked Eugenia Kossak and Christina Dzul for providing and mounting the decorations. **Dr. Boris Leheta** gave a presentation about the American Ukrainian Medical Foundation and its textbook publishing work in Ukraine. Christmas and dance music was provided by the Alliance ensemble, directed by Natalya Shmoron. We were happy to

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# **OBITUARIES**



**BILAK, MD, Roman**, age 89, *Ecole de médecine*, *Université catholique de Louvain, Belgium, 1953*, member UMANA Illinois Branch, died December 18, 2018.



**HRUSZKEWYCZ, MD, PhD, Andrew,** age 70, *Case Western Reserve University, Cleveland, OH, 1981*, member UMANA Maryland-DC Metro Branch, died December 16, 2018.



**SZCZERBANIUK, MD, Gregory**, age 99, *Lviv National Medical University, Ukraine, 1944*, member and past president UMANA Illinois Branch, died December 23, 2018.



# President's Message

It's only January as I write this, but I'm starting to get excited for the sun and warmth of Park City, UT this coming June, when we gather for UMANA's 45<sup>th</sup> Scientific Conference. As much as I enjoy keeping up with UMANA colleagues remotely, there's nothing like actual face-to-face discussion, so I'm very much hoping for a good turnout. I'm especially interested in hearing members' thoughts about what UMANA means to them. How well is UMANA serving the needs of our membership? What ideas and suggestions do people want to offer for the future? My vision for UMANA has focused on our serving as a facilitator of our connection, through our shared commitment to medical professions, with our Ukrainian roots. Despite the many specialties and professions included in our ranks, it is this kind of shared bond that brings us together. And now, at this fateful time in Ukraine's history, we have been blessed with numerous opportunities to connect with Ukrainian colleagues in all

the healthcare professions. I highlight below the work of UMANA member **Dr. Luke Tomycz** as just one example of our members' activities in Ukraine.

So, as you make your plans to come to Park City in June, think about how UMANA can best reflect your priorities and interests. I look forward to continuing our discussions in Park City. See you there!

Sincerely, *Andriy Ripecky, MD* 

The Co-Pilot trip number 7 started in mid-September 2018. Three American doctors continued their collaboration and neurosurgical training of Ukrainian colleagues in three Ukrainian cities. **Luke Tomycz, MD** (neurosurgeon from Rutgers University Hospital and UMANA NY Metro Branch secretary), Jonathan Forbes (neurosurgeon from University of Cincinnati), and Jefferson Miley (neurointerventional specialist from Austin, TX) worked with partners at Romodanov Institute, the International Neurosurgery Center (Kurilets clinic), Lviv Trauma Hospital (Andrij Netliuk, Victor Salo), Lviv Children's Hospital (Igor Homeniuk), and Lutsk Regional Children's Hospital (Mykhailo Lovga). The team consulted on approximately 90 patients and helped perform 8 craniotomies, 2 spinal surgeries, and 3 aneurysm coilings. Dr. Tomycz says: "In summary, our team continues to be enthusiastic about the project and see the fruits of our labor in terms of training surgeons in Ukraine and hopefully increasing collaboration and affecting the culture." For further information, visit this site: https://razomforukraine.org/cpp\_fall\_2018/#more-8264



Dr. Luke Tomycz

# **UMANA CHAPTER NEWS**

#### Continued from page 2

see friends whom we hadn't seen for a while, several of whom travelled a considerable distance to attend. These included **Dr. Victor Lebedovych**, **Dr. Irene Lazarchuk**, Drs. Ludmilla and Grygori Gerasymchuk and **Dr. Mark Pahuta**. Dr. Kossak promised to make this event even more interesting and festive in 2019.

-Andrew Dzul, MD

#### **NY Metro Branch**

The UMANA NY Metro branch, along with the Ukrainian Engineers Society



Michigan Branch Christmas party

of America, held their traditional Christmas Yalynka on Saturday, December 15, 2018, at the elegant home of the Ukrainian Institute of America (UIA) in downtown New York. It was well attended by UMANA members, who enjoyed networking among their colleagues, seasonal delicacies, and a musical program by the "Ukrainian Village Voices." NY Metro Branch President Marta Lopatynsky MD and her team has been energized by the election of their branch member and Past-President Peter Lenchur, MD, to the position of president-elect of UMANA.



NY Metro Branch Christmas Yalynka

#### Pennsylvania Branch

The UMANA Pennsylvania Chapter members enjoyably participated in the Banquet and Ball with Presentation of Debutantes held by the Ukrainian Engineers Society of America in Philadelphia on February 2, 2019, at the landmark Hotel Bellevue in historic downtown. Members enjoyed a magical evening in an unforgettable setting, with colleagues, family, and guests meeting the Philadelphia area debutantes.



Pennsylvania Branch members at UESA Ball

## **UMANA MEMBER NEWS**



Natalia **BILCHUK** (Ohio Branch) is in her 2<sup>nd</sup> year of graduate study at the University of Louisville in the MD/PhD program, doing research in biochemistry and molecular genetics.



Andrew CAP, MD, PhD (UMANA Member-atlarge) was promoted to rank of Colonel, U.S. Army, in 2017. He now serves as Chairman of Blood Research at the U.S. Army Institute of

Surgical Research and as Hematology-Oncology Consultant to the U.S. Army Surgeon General. He is co-chair of the NATO Blood Panel, as Associate Professor of Medicine at the Uniformed Services University and as Adjunct Associate Professor at the University of Texas.



Michael **DOERRLER**, **DO** (Illinois Branch) has been appointed Assistant Professor in the Department of Neurology at Loyola University Medical Center in Maywood, IL, special-

izing in headache medicine.



Joseph **HURYN, DDS** (NY Metro Branch) was elected vice-presidentelect of the American Academy of Maxillofacial Prosthetics.



Bohdan **IWANETZ**, **MD** (Illinois Branch) is enjoying a well-deserved retirement from the practice of general surgery. He plans to travel and enjoy the environs around Telluride. CO.

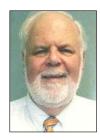


Andrei KACHALA, MD (Pennsylvania Branch) is looking to move to the Philadelphia area to be near his companions and enjoy tennis, skiing, and golf.



Victor LEBEDOVYCH, MD, retired since 2013, participated in the UMANA mission to Ivano-Frankivsk, and is planning to go on a new mission to Philippines in 2019. He helps with Meals

On Wheels at home and visits homebound veterans 2-3 times a week. Loves it!



Ronald LITEPLO, MD (NY Metro Branch) has retired from medical and surgical dermatology, 46 years after graduating from medical school. He enjoys his 5 grandchildren, travel (Ukraine, Germany),

medical meetings, and performing with the Ukrainian Chorus "Dumka" of New York City.



Liza PILCH, MD, MBA, FACEP, FAAEM (Illinois Branch) is lead instructor at the Center for Domestic Preparedness in Anniston, AL, teaching disaster preparedness

and response. Classes include "Healthcare Leadership for Mass Casualty Incidents", "Barrier Precautions and Controls for Highly Infectious Diseases", and "Emergency Medical Operations for CBRNE Events".



Catherine **POPADIUK**, **DO** (UMANA Memberat-large) completed her residency in internal medicine and received Board Certification in October 2018. She is

currently stationed at Naval Base Kitsap-Bangor, WA, serving as an internist.



Teresa **SOSENKO**, **MD** (Illinois Branch) has been accepted to the rheumatology fellowship program at the University of Illinois, Chicago. She is completing her internal medicine residency at

Good Samaritan Health System in Cincinnati, OH, and has published 3 peer-reviewed articles and 2 presentations at the October meeting of the American College of Rheumatology in Chicago.



Lyda TYMIAK LINDELL MD (Florida Branch) sold her ophthalmology practice after 30 years of service. She has now completed a functional and metabolic medicine Fellowship at the

University of South Florida Medical School and Academy of Anti-Aging Medicine, focusing on preventive medicine and education.

# Emergent Medical Threats to be Addressed...

Continued from front



35 minutes away from Salt Lake International Airport.

We invite you to attend this informative educational conference in June. You can network with your friends, make new contacts, relax, and enjoy the scenery.

Watch UMANA's website for online registration coming soon.