# UMANA News



The Newsletter of the Ukrainian Medical Association of North America Бюлетень Українського Лікарського Товариства Північної Америки

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### **UMANA** Readies for Nashville 2023

The Ukrainian Medical Association of North America is getting ready for its upcoming Scientific conference and Assembly of Delegates at the OMNI Hotel and Resorts in vibrant Nashville, Tennessee, June 14-18, 2023.

Preferred rate room reservations end on May 15 at 5:00 PM, CST. If you have not reserved your rooms yet, do so today.

We are anticipating a good turnout, and looking forward to meeting with colleagues after a difficult 4 years. Come learn something interesting, meet new friends, network, and enjoy "Music City, USA" the home of country music.

**XLVI Scientific Conference XL Assembly of Delegates** 

OMNI Hotel and Resorts Nashville. TN June 14—18, 2023



For Hotel Room Reservations at the OMNI Hotel and Resorts in Nashville Call 1-800-THE-OMNI or 1-615-782-5300 and reference "Ukrainian Medical Association"

Preferred rate of \$379.00 + tax/per night

Any rooms that are not reserved prior to 5:00 PM CST May 15, 2023 will be released and hotel arrangements will be based solely on a space-available basis.

Live link available at www.umana.org/events

### **UMANA CHAPTER NEWS**

**ILLINOIS BRANCH** held a "Pysanka" event on March 26, 2023, at the Ukrainian Cultural Center in Chicago, where chapter members and their families had a fun afternoon writing pysankas with the help of Ms. Youlia Tkatchouk, and also enjoyed a delicious brunch along with a short meeting to update members of the activities of the chapter and plans for the future.







MARYLAND/DC METRO BRANCH hosted a group of eight visiting Ukrainian physicians for a collegial evening and dinner on March 17, 2023. The



#### **UMANA** News

The Newsletter of the Ukrainian Medical Association of North America is published quarterly by UMANA with the objective to promote good fellowship and to uphold and enhance the best interests of UMANA. The newsletter serves as an impartial forum for the information for its members. UMANA cannot guarantee the accuracy of all information contained herein. Some information has been obtained from third party published and oral sources and may not have been independently verified. The treatment of articles, view, and opinions expressed in UMANA News is not necessarily endorsed by UMANA.

Distributed to members and friends of UMANA

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The Ukrainian Medical Association of North America

Maggiano's venue provided a comfortable private room seating all 18 guests around one table, giving everyone opportunity to easily chat, toast, enjoy dinner and finish the evening with traditional Ukrainian songs. In addition to sharing personal stories, listening to the group's experiences, the chapter described its efforts to support the military, including various individual's efforts, funding a vehicle, and sending medical supplies, 9200 kw generators, thermal-wear, high protein foods, rechargeable lights, and to send donations of handcrafted blankets and cold weather children's clothes to sites in several oblasts.



OHIO and ILLNOIS BRANCHES represented by Drs. Michael Samotowka, Douglas Davis, and Olga Maihutiak in Washington D.C., April 23-25, 2023. They were advocating for Ukraine at the Ukraine Action Summit organized by Razom for Ukraine.



The Chicago Bandura Ensemble hosted a Benefit Concert on April 22, 2023, at the Ukrainian National Museum. This was a charming evening filled with beautiful music with all proceeds going to support the **UMANA Illinois** Ventilator Project for Ukraine.





## President's Message

Dear UMANA members,

Слава Україні!

My two-year term as UMANA President is coming to an end. I recall how my inaugural message was to encourage the transformation of UMANA. I recalled how in the 1950 when UMANA was founded, the iron curtain was down and although UMANA members would have wanted to assist Ukraine, they were unable to. In the 1950's, UMANA's best role would be to serve as a networking organization, so that

relatively well-established immigrants could help newer struggling immigrants. After Ukraine became independent in 1991, I argued that there was an unprecedented opportunity for UMANA to help Ukraine directly. I had started a Radiology conference series in Lviv in 1996 and have held conferences approximately every other year since then, reaching thousands of Ukrainian healthcare professionals. Why couldn't UMANA do something similar and help our countrymen in the full spectrum of medical specialties? Well, with the onset of the full-scaled invasion of Ukraine on February 24, 2022, UMANA has exceeded my every expectation! Plane-loads and containers full of medical supplies; doctors, nurses, and students on medical missions; grants obtained from charitable organizations; fundraisers for donations; lobbying of our USA leadership to support Ukraine militarily, politically, medically, and economically. UMANA has done it all! The amount of time, effort, and money members have donated is almost bewildering. To draw attention to the tremendous activity of UMANA members and to give other less active members an opportunity to volunteer in a host of programs, we started a virtual conference series, which takes place approximately monthly, usually on a Saturday or Sunday afternoon. Our speakers have included:

Luke Tomycz (UMANA Vice-President) and Mariya Soroka discussing their medical missions to Ukraine; Alexandra Wolanskyj-Spinner (you guessed it, my first cousin), at the time Dean of Students at the Mayo Clinic medical school, discussing medical education; Nataliya Kovalchuk, discussing her Help Ukraine Group (HUG) that has raised millions for Ukrainian hospitals and with whom I co-chaired a symposium on the Ukrainian war at the Radiologic Society of North America, one of the largest medical conferences in the world, Andrey Zinchuk, from Yale, who discussed the humanitarian organization he founded "Doctors United 4 Ukraine;" Olena Gordon & Olga Maihutiak, who described the tremendous humanitarian work of their UMANA chapter; Tanya Bucierka, who has led our medical volunteerism program, presented on her medical missions, and Doug Davis, whose conference entitled "UMANA, Anya, Mykola, me and the KGB," discussed numerous activities especially bringing supplies to Ukraine. This conference series has led to new connections and has created new opportunities. I hope to continue heading this conference series beyond the end of my Presidency and hope that many of you UMANA members, who have not yet participated, will join us. When we stick together, the possibilities for Ukraine are limitless!

До перемоги!

Д-р Лев Волянський Dr. Leo Wolansky

### **UMANA MEMBER NEWS**



Oksana DOUBROVSKI, MD MPH (Michigan Branch) will begin her pediatric residency at Children's Hospital of Philadelphia University of Pennsylvania in July 2023.



**Douglas DAVIS, MD** (Illinois Branch) was recently named 2023 Physician Citizen of the Year by the Wisconsin Medical Society.

**Irena KARANETZ, MD** (New York Metro Branch), plastic surgeon, recently returned from a surgical mission to Ukraine. The American-Canadian team

consisted of 6 surgeons, as well as an anesthesiologist and nursing staff, and was organized by Face the Future Foundation and Razom for Ukraine. UMANA Foundation provided additional financial support to help purchase necessary medical



and surgical supplies for Ivano-Frankivsk Regional Hospital where the 112 facial reconstructive surgical procedures on 30 soldiers and civilians were performed.



**Bogdan KINDZELSKI, MD** (Michigan Branch) completed his residency in Cardiothoracic Surgery at the Cleveland Clinic being awarded the Charles H. Bryan Clinical Excellence Award for his accomplishments as

chief resident. He moved back to Michigan and is currently an Attending Cardiac and Aortic Surgeon at Corewell East William Beaumont University Hospital in Royal Oak, Michigan.



Michael LEWKO, MD (New York Metro Branch) sold his NJ Arthritis and Osteoporosis Center to St. Joseph's Health in Patterson, NJ. Now he's in year one of his new career as Locum Tenens Rheumatologist

throughout the USA.



**Lida LINDELL, MD** (Florida Branch) is currently practicing Precision Longevity Medicine at urbestnow.com in Tampa. She is also a board certified ophthalmologist and practiced in Palm Harbor until 2013.

In March 2022 Dr. Lindell started the Ukraine Crisis Relief Fund at the Community Foundation of Tampa Bay. To date, the Fund has raised 450K to help Ukraine.



Wolodymyr MEDWIDSKY, MD (Toronto Branch), retired in May 2021 after a 49-year career in dermatology. He closed his clinical dermatological practice and is enjoying his free time.



Anar MIKAILOV, MD (New York Central Branch) is practicing full time dermatology in Rochester, NY, at Barrington Park Dermatology. He and his wife, Carly, have welcomed their third child in October 2022.



Roma MIRUTENKO, MS (Illinois Branch) is currently working at Vitamin Angels, a global public health organization providing nutritional supplementation to over

70 million women and children in 65 countries around the world. She is also completing her MBA at the University of North Carolina at Chapel Hill.



Nancy WERES, MD (At-Large Member in Georgia) retired from a career in pediatrics and is now happily living in Savannah.

See you all in June in

